



# SARA KOVIK

www.SaraKoviak.com

SAG-AFTRA, AEA



Helen Hayes Award  
Nominee 2026  
Outstanding LEAD  
Performer in a Play  
Hayes

## Theatre

<i>Your Name Means Dream</i>	Stacy (Hayes Nominated Performance)	Theater J & TheaterWorks Hartford / Dir: Jose Rivera
<i>Your Name Means Dream</i>	Stacy	New Jersey Repertory Company / Dir: Jose Rivera
<i>The Hours are Feminine</i> (Off-Broadway World Premiere)	Mirella	INTAR Theatre / Dir: Jose Rivera
<i>Your Name Means Dream</i> (World Premiere)	Stacy	Contemporary American Theater Festival / Dir: Jose Rivera
<i>Your Name Means Dream</i> (New Stages Workshop)	Stacy (with Amy Morton)	Goodman Theatre / Dir: Audrey Francis
<i>Your Name Means Dream</i> (Inaugural Reading -Mondays At 3)	Stacy	New York Theatre Workshop / Dir: Jose Rivera
<i>Lizzy</i> (Theatre For One)	Lizzy	Signature Theatre / Dir: Rudy Ramirez
<i>Sonnets for Old Century</i> (Paula Vogel's Bard At The Gate)	X's, Glasses, First Time	McCarter Theatre Center / Dir: Jose Rivera
<i>Your Name Means Dream</i>	Stacy	Sundance Theatre Lab / Dir: Jose Rivera
<i>Lovesong: Imperfect</i>	Delliah	Theater at 14 St Y / Dir: Jose Rivera
<i>New Short Play Festival</i>	Various Lead Roles	Red Bull Theater / Dir: Timothy Douglas, Margot Bordelon
<i>The Civet</i>	Alexis	Planet Connections / Dir: Regina Taylor
<i>The Silencer</i>	Fifi / 5 others	New York Theatre Festival / Dir: Sarah MacDonnell
<i>Elsinore County</i>	Rosenstern	Theatre Row / Dir: Tony Raymond
<i>The Maids</i>	Monique	INTAR / Dir: Daniel Irizarry
<i>#Hero</i>	Terasa / 4 others	Chain Theatre / Dir: Robert McMaster
<i>Pippin</i> (National Tour)	Aerial Soloist	Goodspeed Musicals / Dir: Gabriel Barre
<i>The Hours are Feminine</i> (Staged Reading)	Mirella (with Chazz Palminteri)	The Actors Studio / Dir: Roger Simon

## Film

<i>The Civet</i> (award winning short)	Solo Performer	Wr./Dir. Jose Rivera
<i>The Fall of a Sparrow</i> (award winning short)	Lead	Wr./Dir. Jose Rivera
<i>Reverie: a Dream</i> (award winning dance short)	Solo Dancer/ Performer	Dir: Peter Perenyi
<i>Flying</i> : Steve Conte (New York Dolls) Music Video	Lead	Dir: Peter Perenyi
<i>A Possession</i> (Columbia MFA)	Lead	Dir: Joshua Kellerman
<i>Have You Seen Calvin?</i> (award winning short)	Lead	Dir: Andrew Lawton/ Kinetic Studios
<i>Deal Travis In</i>	Supporting	Dir: Kim Garland/ City Kid Films

## Television

<i>The Undoing</i> (starring Nicole Kidman/Hugh Grant)	Recurring Guest	Dir: Susanne Bier (HBO)
<i>One Life to Live</i>	Recurring	Dir: Mary Munisteri (ABC)
<i>Secret Lives of Stepford Wives</i>	Lead	Dir: Jason Fisher
<i>Great Performances at The Met</i>	Featured Dancer	Dir: Bartlett Sher (PBS)

## The Metropolitan Opera (original casts) and Dance

<i>Tales of Hoffmann</i>	Olympia Dancing Doll	The Met Opera / Dir: Bartlett Sher
<i>Armida</i>	Love / Aerialist	The Met Opera / Dir: Mary Zimmerman
<i>Damnation of Faust</i>	Possessed Maiden	The Met Opera / Dir: Robert LePage
<i>Manon</i>	Paris Opera Dancer	The Met Opera / Dir: Lionel Hoche
<i>Peter and the Wolf</i>	Anna	Lincoln Center / Dir: Melanie Beck
<i>Cinderella</i>	Fairy	Lincoln Center / Dir: Lisa Rinehart
<i>Oklahoma!</i>	Dream Laurey	Media Theatre / Dir: Jesse Cline
<i>Broadway Bares</i>	Aerialist	Hammerstein Ballroom / Dir: Josh Rhodes, Jerry Mitchell

## Directing / Choreographing (recent highlights)

<i>A Lunar Rhapsody</i> (Mainstage Production)	Director / Choreographer	Fordham University (writer Jose Rivera)
<i>A Lunar Rhapsody</i> (MFA Program Performances)	Choreographer/Co-Direct/ Role of Charlie	Brown University (co-direct w/ Rivera)
<i>A Lunar Rhapsody</i> (Workshop Performances)	Choreographer/Co-Direct /Role of Charlie	Duke U, DePauw U, Northwestern U, Santa Fe Playhouse
<i>Your Name Means Dream</i>	Choreographer	CATF, NJ Rep, Theater J, TheaterWorks Hartford
<i>Look What Crashed Through the Portal</i>	Choreo/Co-Direct/ Role of Dimensional	Chain Theatre (co-direct with writer Rivera)
<i>The Last Book of Homer</i> (Reading)	Co-Director	New York Theatre Workshop (co-direct with writer Rivera)
<i>The Ghost Light</i> (award-winning musical film)	Choreographer	Dir: Nick Burchard/ Tiny Viking Productions
<i>IX</i> (post-production short dance film)	Director / Choreographer / Solo Performer	Lively Lady Studios

## Special Skills

**Accents:** Russian, French, Italian, Boston, Down East, Brooklyn, Southern (very adept at learning new accents)

**Dance/Circus Skills:** Professional Ballet/Pointe/Jazz/Modern Dancer, Aerial silks, trapeze, Spanish Web, lyra, puppetry

## Reviews: *Your Name Means Dream* ...

"Every theatregoer has a little list: Dame Julie singing 'I could have danced all night' at the Mark Hellinger Theatre; Dame Angela as Mrs. Lovett; Suzanne Farrell in Diamonds; John Raitt as Billy Bigelow; Jennifer Holliday telling us she is not going. From start to finish, Sara Koviak's performance as Stacy joins the list of uniquely unforgettable original portrayals." (Broadway World)

"Koviak delivers a performance as Stacy that is as stunning as it is unforgettable... Intensely psychological star vehicle... knockout performances, flawless execution, one of the most stunning displays of chaotic virtuosity I've ever seen..." (Broadway World). "...Gives a master class on what a dynamic and emotionally intimate scene-partner relationship means to a play's success... breathtakingly acted, takes her character on a marvelous physical acting journey, striking individual moments..." (DC Theater Arts).

"It's truly an amazing thing to watch this actor engaged in her craft... Superb... a monumental "alien" meltdown in the style of Robin Williams' frenetic fast-paced comedy... Phenomenal gusto..." (Maryland Theatre Guide). "Koviak's Stacy is a master class in physical control and emotional nuance" (qonstage.). "Sensational ...remarkable feat of acting" (NJArts.net)

"The Robot Glitch is BEST OF CT THEATER 2025" (Hartford Courant) "tour-de-force for actor Koviak...fabulously frantic breakdown." [choreographed by Koviak]